

# ROCKY MOUNTAIN SECTION SKI CAMP APPLICATION FORM

## TRIP NAME AND DATE

## PERSONAL INFORMATION

Name:

Phone Number:

Address:

E-mail:

RMS ACC membership #:

**ALLERGIES OR MEDICAL CONDITIONS** the trip leader should be aware of:

**DIETARY ISSUES:**

**EMERGENCY CONTACT** (Name, Phone Numbers, Relationship):

## SIMILAR SKI TRIPS DONE IN THE LAST 2 YEARS

Provide: Date, Trip Leader or Guide and Your Role)

## ROCKY MOUNTAIN SECTION REFERENCE

Name:

Phone number and e-mail

**RATE YOUR ABILITY NOTE:** You don't need to be an Olympic athlete to attend our camps – we just want to ensure that there are compatible people who can ski together & have fun

- 1) Current level of fitness:
- 2) How many meters do you usually want to ski in a back-country day?
- 3) How do you measure your fitness level e.g. "When I'm fit, I hike to the top of Ha Ling in 1 hour" or "I can skate ski the Bow / Rundle loop at the Nordic Centre in 1:10":
- 4) Ski Level (Beginner/Intermediate/Advanced) –

## DATE AND INSTRUCTOR FOR THE FOLLOWING COURSES

First Aid:

AST2 / CAA1:

\*If you haven't taken a AST Level 2 recently please describe your equivalent experience (note that AST2 will be mandatory for attendees in 2020 and beyond):

## **EQUIPMENT**

Do you own your own ski equipment? -

What type of skis / split board and bindings do you have? –

What type of avalanche transceiver do you own? NOTE: 3 antenna beacons are now MANDATORY for RMS trips!